# Retreat Schedule

## Day 1

* 12:00 PM – Pick-up and transfer from the airport.
* Arrival & Tour – Explore the house and complete payment.
* 2:00 PM – Lunch.
* 3:00 PM – Orientation Talk (Massage Info / Various Services Info).
* 4:30 PM – Shaman’s Instructions.
* 5:00 PM - 6:30 PM – Free time.
* 6:30 PM - 8:00 PM – Preparation drink.
* 8:00 PM – Ceremony.

## Day 2

* 8:30 AM – Breakfast.
* 9:00 AM – Ceremony Sharing & Discussion.
* 12:00 PM – Rapé Session.
* 1:30 PM – Lunch.
* 2:00 PM - 6:00 PM – Plant Bath Ritual.
* 6:00 PM - 8:00 PM – Quiet Time.
* 8:00 PM – Ceremony.

## Day 3

* 8:30 AM - 9:30 AM – Breakfast.
* 10:30 AM – Ceremony Sharing & Discussion.
* 1:00 PM – Paella Preparation.
* Evening Activities: Bonfire & Totem Workshop.

## Day 4

* 8:00 AM – Breakfast.
* 11:00 AM – Visit to the Shipibo Market.
* 1:30 PM – Lunch.
* 6:00 PM – Sananga Ceremony.
* 7:00 PM - 8:00 PM – Free Time.
* 8:00 PM – Ceremony.

## Day 5

* 8:00 AM – Breakfast.
* 9:00 AM – Ceremony Sharing & Discussion.
* 11:30 AM - 1:30 PM – Excursion to Bugarra: Blessings & Offerings to the River.
* 1:30 PM – Lunch.
* Afternoon: Free time.
* 8:00 PM – Ceremony.

## Day 6

* 8:00 AM – Breakfast.
* 10:00 AM – Ceremony Sharing & Integration Talk (Recommendations).
* 12:00 PM – Farewell & Gift.
* 1:00 PM – Transfer to the airport.